

## Pediatric Teach Back Scenario

### Role Play – Provider Perspective

This is a teaching encounter. The goal of this encounter is for the parent to understand and to be able to give their child pain medicine at home to control post-operative pain.

The 9-year-old boy is post-op tonsillectomy/adenoidectomy and is going home today. The primary concern is pain management at home.

#### Home medicine list:

- Acetaminophen (Tylenol) 12.5 mL [160 mg/5 mL on the label] by mouth every 6 hours for the first 3 days then as needed after day 3.
- Ibuprofen (Motrin) 15 mL [100 mg/5 mL on the label] by mouth every 6 hours for the first 3 days then as needed after day 3.

For optimal pain management, instruct the parent to give acetaminophen (Tylenol) and ibuprofen (Motrin) on an alternating schedule. The goal is for the child to have pain medicine every 3 hours. Provider should be careful about interchanging generic/brand names like Acetaminophen and Tylenol, because client might not know they are the same medicine

For example,

- 8 am Acetaminophen (Tylenol)
- 11 am Ibuprofen (Motrin)
- 2 pm Acetaminophen (Tylenol)
- 5 pm Ibuprofen (Motrin)

## Role Play – Client Perspective

You are a parent of a boy who is 9 years old who has struggled with multiple throat infections over the last two years. His primary care provider referred him to an Ear Nose & Throat (ENT) doctor to look. The ENT felt it was time to have his tonsils and adenoids removed. This surgery is called a tonsillectomy/adenoidectomy. After surgery, pain control and staying hydrated are very important to recovery. If the pain is not controlled, he will not want to drink. You also have 2 younger children at home with your husband. You are now being instructed by the nurse on how to take care of your child's pain at home.

## Facilitator Prompts

- Have class divide into groups of 3-4 people (when in person).
- Brainstorm teaching ideas/plan
- Have 2 attendees volunteer for
  - Role 1: Client
  - Role 2: Health care provider
- Other Roles: Instruct to use Communication Observation Form from the AHRQ Health Literacy Universal Precautions Toolkit